INTERNATIONAL UNION OF NUTRITIONAL SCIENCES (IUNS)

22ND IUNS-ICN INTERNATIONAL CONGRESS OF NUTRITION IN TOKYO, JAPAN
SEPTEMBER 14-19, 2021
THE POWER OF NUTRITION: FOR THE SMILES OF 10 BILLION PEOPLE

Welcome message

It is my pleasure to announce that the 22nd International Congress of Nutrition (ICN) will be held in Tokyo, Japan, in September of 2021. ICN is the four-yearly meeting of the International Union of Nutritional Sciences (IUNS), the tenth of which was successfully held in Kyoto in 1975. Tokyo was selected as the host of 22nd IUNS-ICN at the general assembly meeting of IUNS held during the 20th ICN in Granada, Spain.

Tokyo is the most innovative city in the world, boasting outstanding infrastructure, convenience, cleanliness, and safety. The Tokyo International Forum, the planned venue, is a state-of-the art facility located in the center of the city. As Chair of the Organizing Committee for the 22nd IUNS-ICN I can assure you that you will benefit not only from the great scientific achievements of the congress itself, but also from unique experiences of Japanese culture, history and various other entertainments. The secrets and appeal of the Japanese diet will of course also be of interest to the participants in the congress.

The world is faced with a variety of nutrition-related issues, including food shortages, malnutrition, population growth, over-nutrition, diversification of dietary habits, threats to food safety, and the aging of society. Japan has tackled all these issues over a relatively short period of time and has devised various methods to resolve them, thanks to the ingenuity and flexibility of the people of Japan.

The population of our planet is forecast to expand to 10 billion during this century. Nutrition has the power to provide health and happiness to people living today and to future generations as we head towards the 22nd century. Accordingly, we have chosen as the theme of the congress, “The Power of Nutrition: For the Smiles of 10 Billion People.” We hope that by bringing all of you from around the world together in Tokyo in 2021 we can engage in valuable discussions on nutritional issues. In addition, we are considering cooperation with the Tokyo Nutrition for Growth Summit scheduled for the same year, and synergistic effects are expected. The congress will be an ideal opportunity for participants to reaffirm or rediscover their mission to help to realize good health and happiness for future generations.

I look forward to welcoming you at the 22nd IUNS-ICN in Tokyo in 2021.

Hisanori Kato, Ph.D.
Chair, Organizing Committee of 22nd IUNS-ICN
Opening Lectures

1. Serendipities of acquired immunity
   Prof. Tasuku Honjo
   (Kyoto University, Japan, Nobel Prize laureate in Physiology or Medicine in 2018)

2. Achieving healthier populations in changing global food and nutrition environment
   Dr. Naoko Yamamoto (World Health Organization, Switzerland)

Plenary Speakers

- Human brown fat: a tissue preventive against obesity and metabolic diseases
  Prof. Masayuki Saito (Hokkaido University, Japan)

- Signaling pathways through which leucine acts to stimulate mRNA translation
  Prof. Scot R. Kimball (Penn State College of Medicine, USA)

- Nutrition through the life course and lifelong health
  Prof. Sian M. Robinson (Newcastle University, UK)

- Nutrition epidemiology-methodology and its future aspect
  Prof. Walter C. Willett (Harvard T.H. Chan School of Public Health, USA)

- Large-scale regulatory and fiscal policy for tackling obesity and creating healthier diets
  Prof. Barry M. Popkin
  (University of North Carolina at Chapel Hill Gillings School of Global Public Health, USA)

- Prevention of cardiovascular disease by population approach focusing on nutrition and eating habits
  Dr. Pekka Puska (Finnish Institute for Health and Welfare, Finland)

- Functional foods in the near future for realization of the society toward healthy and powerful longevity
  Prof. Keiko Abe (The University of Tokyo, Japan)

- Prospects and challenges of cultured meat
  Prof. Marcus J. Post (Maastricht University and Mosa Meat, B.V., The Netherlands)

Closing Lecture

Personalized, population and planetary nutrition
Prof. J. Alfredo Martínez (IUNS President, IMDEA/UNAV, Spain)

Session Theme

1. Advances in Nutrition Research
2. Nutrients and Nutritional Assessment
3. Nutrition Through Life Course
4. Nutrition and Management of Diseases
5. Food Culture Practices and Nutrition Education
6. Public Health Nutrition and Environment
7. Functional Foods and Bioactive Compounds
8. Agriculture, Food Science and Safety
9. Others

Registration Fee (JPY)

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**2. The applicable organizations will be separately informed.
**3. Details will be separately informed.
**4. Gala Dinner will be held at imperial hotel on September 18, The dinner fee will be announced later.
Host city, TOKYO

Tokyo represents a vital crossroads where over 400 years of history and tradition meet innovation. The city is a fast-paced cultural hub where what’s new and modern sits side-by-side with historical gems. Tokyo also offers everything for your delightful stay; world-renowned Japanese cuisines, the high-quality hotels with wide range, and the reliable public transportation that connects city to city in Tokyo. Wherever you go, pleasant high-quality service is promised in this safe and clean city.

Venue

The Tokyo International Forum (TIF) is Tokyo’s flagship convention and arts center, conveniently located adjacent to the central Tokyo JR railway station, the departure station for Shinkansen (bullet) train lines heading to various parts of the country and the transportation hub of Tokyo. Close to the Imperial Palace, Hibiya Park, several top-class shopping and restaurant complexes and not far from the premier shops of Ginza, TIF is at the heart of Tokyo’s bustling metropolis.

Access

From Narita Airport
- 80 to 90 minutes to Tokyo Station by Airport Limousine Bus
- Approx. 60 minutes to Tokyo Station by JR Narita Express N’EX

From Haneda Airport
- 13 minutes to Hamamatsucho Station by Tokyo Monorail
**Outline of Congress**

- **Name of the Congress**: 22nd IUNS International Congress of Nutrition (22nd IUNS-ICN)
- **Date**: September 14 (Tue) - 19 (Sun), 2021
- **Venue**: Tokyo International Forum
- **Congress Theme**: The Power of Nutrition: For The Smiles of 10 Billion People
- **Host Organizations**: 22nd IUNS-ICN Organizing Committee
  Science Council of Japan (SCJ)
  Japan Society of Nutrition and Food Science (JSNFS)
  The Japanese Society of Nutrition and Dietetics (JSND)
- **Official Language**: English

**Important Dates**

- **Abstract Submission**: October 12, 2020 - February 12, 2021
- **Abstract Acceptance Notice**: April 22, 2021
- **Presenter Registration Deadline**: May 13, 2021
- **Early Bird Registration Regular**: March 15, 2021 - May 13, 2021
- **Regular Registration**: May 14, 2021 - July 29, 2021
- **Late Registration**: July 30, 2021 - September 3, 2021

**Secretariat of 22nd IUNS-ICN**

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